

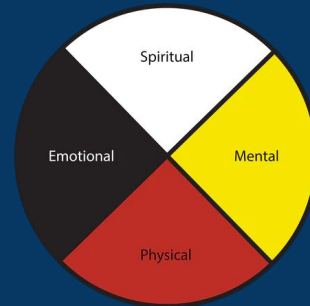


Monday, April 24
Day 2

The Simcoe County District School Board acknowledges that we are situated on the traditional land of the Anishnaabeg people. We acknowledge the enduring presence of First Nations, Metis and Inuit people on this land and are committed to moving forward in the spirit of reconciliation and respect. Stayner is part of Treaty 18. Nottawasaga Purchase, signed on October 17, 1818.



Simcoe County
District School Board



Please stand for the singing of O Canada



School Oath



Today I have an obligation.

No longer will I be silent if you need help.

Silence is participation.

I refuse to participate in the problem.

We are all different, but we all deserve respect.

If you need help, come to me.

If I think you need help, I'm getting involved.

I've got your back.

Good morning, Wolfpack!

Last week was such an awesome week! We had the start of the Volleyball Games, we had our Movie night, we worked as a school to create our strength chain and we began transitions for our Grade 6 students to SCI!

We are so proud of all of our educators and students that take on these leadership opportunities - it really means a lot to us and our school community!

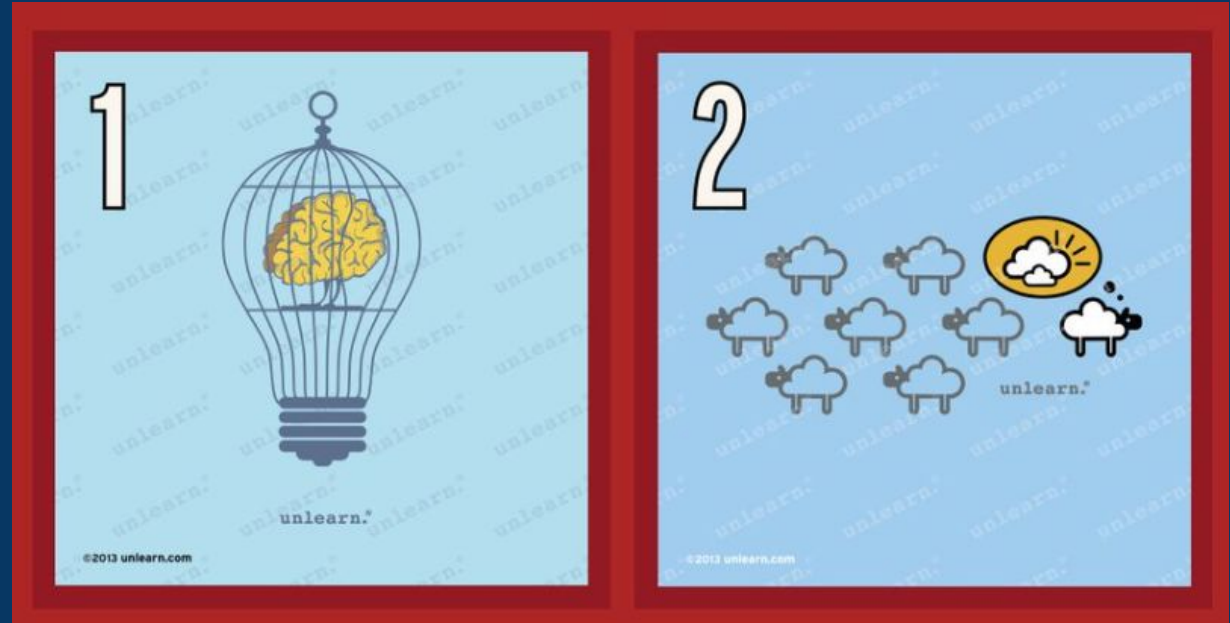
Keep being amazing!



Posters of the week...

This week, find time to examine and discuss these unlearn posters. Which one speaks to you most? What is the message? What are your thoughts or wonderings?

Share your thinking on Thursday's slide.

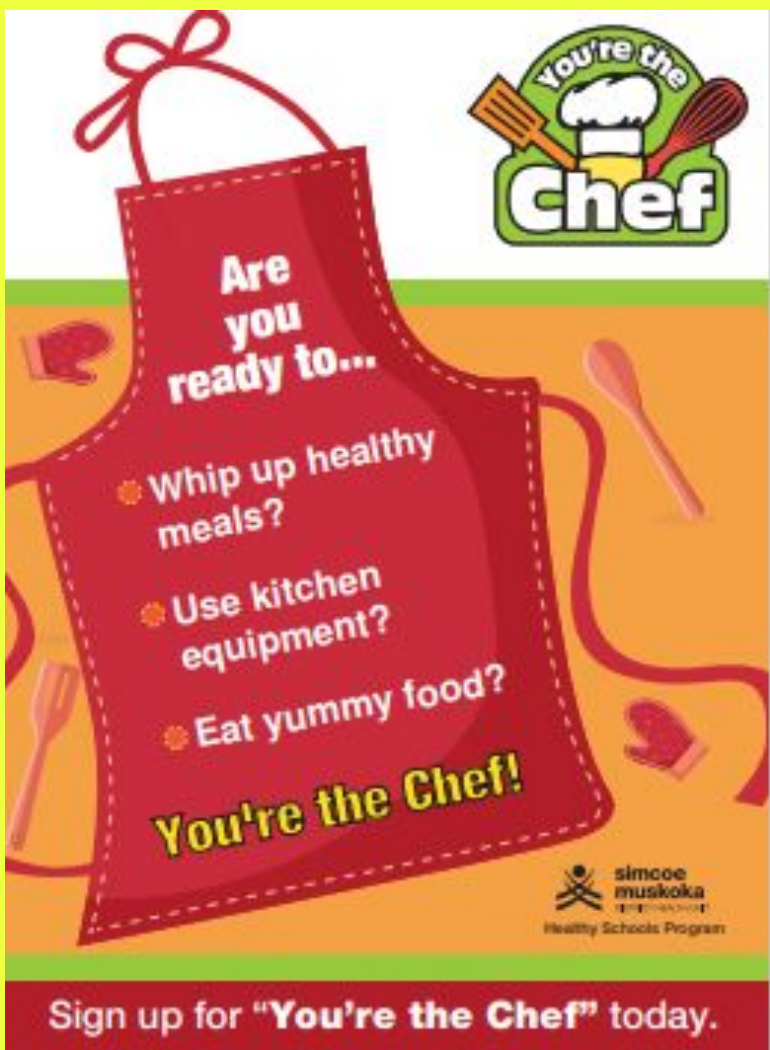


Junior Volleyball!!!



BOYS - practice after school today (Monday)! Worsley will be here at 4 pm for our game. Then, practice after school Thursday!

GIRLS - practice after school Tuesday and Wednesday, with games after both!



Attention Grade 5 and 6's



If you are interested in joining and learning to cook, Tuesday's after school (starting May 9th) please sign up by Mrs. Teeter and Mrs. Chandler's room (room 166).
*limited space, so sign up early


Sign up for "You're the Chef" today.

At CMES we are always striving to reflect all voices, perspectives and experiences. The Skittle Squad is an inclusive group that supports 2S-LGBTQAIP+ individuals and allies.

This club for is a welcoming space for students and staff to work towards raising awareness and equality for all individuals.

**We meet on Wednesdays
At 12:30 pm in Room 125
Bring your lunch!**





The following classes will be visiting
the Library **tomorrow (Tuesday)**:

Ms. Brady at 8:45

Mrs. Teeter/Mrs. Chandler at 9:20

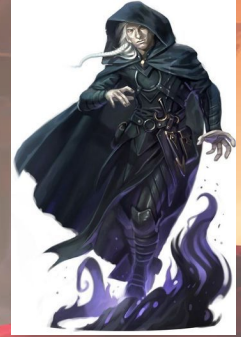
Mrs. Gulley/Mrs. Walchuk at 11:40

Mrs. Bradford/Ms. Trivino at 1:10

Remember
to bring your
library
books!



Dungeons and Dragons is a fantasy role-playing game. Players role-play adventuring characters such as an elf warlock or dwarf paladin.



Dungeons and Dragons club meeting tomorrow (day 3) in the Library

10:10-10:50

Lochlan
Grayson
Isaac
Sam
Carter

12:30-1:10

Eli
Patience
Serena
Skyla
Hunter
Noah

#HelloYELLOW Mondays



PAUSE

P

Power Hug

Firm pressure is great for grounding. As you are able, place your left hand on the right shoulder and right hand on your left shoulder then hold.

Squeeze into a gentle hug. You can also try saying an affirmation while doing this exercise.

I am doing my best

I choose to love myself today

I am worthy



School
Mental Health
Ontario

Santé mentale
en milieu scolaire
Ontario

: #we'vegotyourback #TEAMWOLFPACK

Primary RAKTivist's ideas for us to be kind at CMES.

Make sure people safe

Include everyone

Use people's names

Ask how people are doing



Help others

Give space

Play with others

Stick up for others

Make people laugh

Care about others

RECESS REMINDERS FROM THE OFFICE...



Some important recess reminders for our Wolfpack...

You can play with friends in ways that are safe and fun. That means you can keep your hands and feet to yourself.

You can be creative with games you play and remember to keep them fair and inclusive.

When we do this we can all have a fun recess where everyone feels safe and respected.

Work together because #We'veGotYourBack

SHOUT

OUTS

To Logan for returning his library book even though he is now in grade 7. It's never too late to return those overdue books.

Congratulations to Opal, Evelyn, Emilia, Taylor, Quinlyn and Madame Baker for their wonderful performances in the CCT concert this past weekend!

Thank you John for kindly lending us your Oilers Jersey so we can cheer on our Team.
Mrs. Teeter and Mrs. Chandler's Class



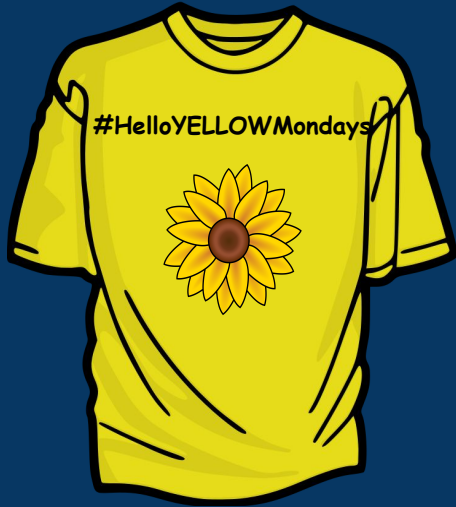
Mindful Moment

Visit the virtual calming room and choose a calming music or video.



Wear yellow on Mondays

#HelloYELLOWMondays
Whatever you're going through, we are here to listen and help.
#childrensmentalhealth



Wear Pink Wednesdays

We encourage you all to wear pink on Wednesdays to show that you take a stand against bullying!



Spirit Day Fridays!

Every Friday, make sure to rock our school colours! Please send your pictures to your classroom teachers or share on twitter and tag @CMESWolfpackVP



OKAY
Monday
LET'S DO
Awesome
THINGS